



A METROCARE PHYSICIANS PUBLICATION

**JULY 2018** 

# SAVE THE DATE MetroCare Annual Meeting Thursday, October 18, 2018 The Racquet Club of Memphis

## Less than 20% of Eligible Medicare Patients Get an Annual Wellness Visit

According to CMS data, less than 20% of eligible patients get a Medicare annual wellness visit. That number appears to be even lower in our area (around 11%).

#### Medicare wellness visits allow the practice to:

- Provide a personalized preventive care plan
- Build populations for chronic care
   management and other population health efforts
- Promote patient loyalty

Document annually the severity of chronic illnesses and comorbidities

- to determine risk adjustment for future payments in risk contracts as well as cost measures for MIPS
- Significantly increase revenue (Medicare allowable charges link to our website chart)

By setting up a work flow to optimize completion of forms and screens prior to physician involvement and utilizing non-physician staff wherever possible, physician time spent with the patient during a 30-minute visit can focus on planning a proactive, coordinated health plan and counseling the patient as needed.



**Caballero Family Healthcare Group** has their medical assistant spend one day weekly contacting eligible patients to take advantage of the free AWV service.

This outreach has doubled their rate of AWVs performed for eligible Medicare patients and significantly increased patient satisfaction.

Bettina Ruaro, office manager, "We have increased our quality of care for our patients while also increasing value to the practice."

MetroCare is repeating our popular Medicare Wellness seminars both for staff (Sept 19) and for physicians (Sept 18).

For more information, contact:

Janet.beasy@metrocarephysicians.com

### SHARED SAVINGS SUCCESS: THE CHECK IS IN THE MAIL

We completed a successful year with our Cigna Accountable Care contract (10/01/16-09/30/17) and a shared savings agreement with the MLH employee health plan resulting in significant shared savings to be distributed to our participating Trilogy practices.

HealthChoice is currently distributing the funds to each of our practices, both primary care and specialists, based on a formula approved by the board. Need for current group W-9 has caused some delay in check distribution. Email requests for needed W-9s went out last week to all practice credentialing contacts. Contact: <a href="mailto:valerie.beeler@myhealthchoice.com">valerie.beeler@myhealthchoice.com</a>

The 2019 formula will take into account MetroCare "citizenship" for the practice, as well as quality and cost performance. More information will be forthcoming on next year's participation expectations as well as new, improved reporting from our Optum data analytics system. Thank you to all of our providers for a successful year!

# **Risk Adjustment Coding and Documentation**

Accurately capturing your patients' risk by hierarchical condition coding can reflect care quality and result in better reimbursement. It raises the benchmark for expected cost of care for your Medicare patients as well as those in commercial shared-savings contracts, increasing your shared savings opportunity.

Giving the payers a true picture of the severity of a patient's health problems can set expectations for higher spend on those patients who have more complicated problems, allowing for a better chance at shared savings.

Focus on improving accuracy in documenting risk is thought by many to be the most straightforward, doable process that can allow a practice to set the savings benchmark and lay the foundation for chronic care and population management.

MetroCare is again offering our seminars on documenting and coding for risk adjustment.

We urge you to send your staff for coding and auditing (July 26 at 9 AM) and physicians for the documentation seminar (Aug 7 at 6 PM).

For further information contact:

Janet.beasy@metrocarephysicians.com

### We Are Here to Assist You

Continuing the transition to a value-based healthcare delivery system will require changes for every practice. A dedicated team of professionals are committed to assuring MetroCare physicians have the tools and resources to achieve success.

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