

# DELIVERING VALUE

A METROCARE PHYSICIANS PUBLICATION

## UT Methodist Physicians Weight Management and Wellness Center

The effects of obesity on the health and welfare of patients, as well as on the cost of healthcare, are well documented. The complexities of weight management often seem infinite and burdensome to physicians in a busy practice.

Drs. Virginia Weaver and Matthew Davis of the UT Methodist Physicians Weight Management and Wellness Center want to lighten that burden for physicians who already manage so many other complex illnesses.



They envision their role as managing the weight-related issues of your patients to free up your valuable time to treat more patients.

Dr. Weaver recently voiced their commitment to impacting the health of our community in a first-of-its-kind clinic (for our area) that not only offers bariatric surgery, but also medical management of weight loss and nutrition, ideally with lifetime follow up for their patients. She spoke of the significance of even a 15-20 pound weight loss on the quality of life and health of an individual.

The clinic will offer weight management to patients who have difficulty losing even as little as fifteen pounds, along with those who may need bariatric surgery and those who have had previous bariatric surgeries but are now regaining or plateauing with their weight.

**The UT Methodist program offers all options for weight loss including nutrition therapy, behavior modification, medication and surgery.**

Clinic staff includes the two physicians, two nurse practitioners, two nutritionists, an exercise physiologist and two full-time insurance specialists dedicated to ironing out health plan coverage issues. [Click here](#) to connect with the clinic webpage. [Click here](#) for weight loss seminar schedule.

(additional information on page two )

# UTMP Weight Management Collaboration with Other Entities

Drs. Weaver and Davis are collaborating with the physicians of UT Le Bonheur Pediatrics (Drs. Ying Weatherall and Timothy Jancelowiz) and the Healthy Lifestyles Clinic at LeBonheur to assure a continuum of care for patients from their teens through adulthood.

The doctors are also participating in research with the University of Tennessee Health Sciences Center. Very little, if any, bariatric/weight loss research has been conducted on typical patients in our demographic. Most research of this type has taken place in higher socioeconomic patient populations of the northeast.

The importance of evaluating our demographic for weight management success with regard to our local culture cannot be overstated. In our recent HCC Seminar for Risk Adjustment, our expert speaker tied all of the most common major risk categories in with obesity issues.

# SVMIC Lunch and Learn Opportunity

State Volunteer Mutual Insurance Company (SVMIC) provides many varied consulting services and educational and administrative materials/forms that are available free of charge to any practice as part of their malpractice coverage.

Because 90% of MetroCare providers are covered by SVMIC, we have invited **Stephen A. Dickens, JD, FACMPE, Vice President of Medical Practice Services** to address our practice managers regarding valuable services of which many of you may be unaware.

Administrators, please join us on either July 10 or July 31st for a light lunch and presentation that we consider to be well worth your time.

For full details [Click here](#)

## We Are Here to Assist You

A dedicated team of professionals is committed to assuring MetroCare physicians have the tools and resources to achieve success with the changes required by transition to value-based healthcare.

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**EDUCATION EVENTS CALENDAR**  
[click here](#)

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