

## Telehealth/Telemedicine Policy, Professional

### **IMPORTANT NOTE ABOUT THIS REIMBURSEMENT POLICY**

*You are responsible for submission of accurate claims. This reimbursement policy is intended to ensure that you are reimbursed based on the code or codes that correctly describe the health care services provided. UnitedHealthcare reimbursement policies may use Current Procedural Terminology (CPT®), Centers for Medicare and Medicaid Services (CMS) or other coding guidelines. References to CPT or other sources are for definitional purposes only and do not imply any right to reimbursement.*

*This reimbursement policy applies to all health care services billed on CMS 1500 forms and, when specified, to those billed on UB04 forms. Coding methodology, industry-standard reimbursement logic, regulatory requirements, benefits design and other factors are considered in developing reimbursement policy.*

*This information is intended to serve only as a general reference resource regarding UnitedHealthcare's reimbursement policy for the services described and is not intended to address every aspect of a reimbursement situation. Accordingly, UnitedHealthcare may use reasonable discretion in interpreting and applying this policy to health care services provided in a particular case. Further, the policy does not address all issues related to reimbursement for health care services provided to UnitedHealthcare enrollees. Other factors affecting reimbursement may supplement, modify or, in some cases, supersede this policy. These factors may include, but are not limited to: legislative mandates, the physician or other provider contracts, the enrollee's benefit coverage documents and/or other reimbursement, medical or drug policies. Finally, this policy may not be implemented exactly the same way on the different electronic claims processing systems used by UnitedHealthcare due to programming or other constraints; however, UnitedHealthcare strives to minimize these variations. UnitedHealthcare may modify this reimbursement policy at any time by publishing a new version of the policy on this Website. However, the information presented in this policy is accurate and current as of the date of publication.*

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### **Application**

This reimbursement policy applies to services reported using the 1500 Health Insurance Claim Form (a/k/a CMS-1500) or its electronic equivalent or its successor form. This policy applies to all products, all network and non-network physicians and other qualified health care professionals, including, but not limited to, non-network authorized and percent of charge contract physicians and other qualified health care professionals.

### **Policy**

#### **Overview**

This policy describes reimbursement for Telehealth/Telemedicine and other electronic communication services, which occur when the Physician or Other Qualified Health Care Professional and the patient are not at the same site. Examples of such services are those that are delivered via the internet or using other communication devices. Note: For the purposes of this policy, the terms Telehealth and Telemedicine are used interchangeably.

#### **Reimbursement Guidelines**

##### **Telehealth Services, Distant Site and POS 02**

UnitedHealthcare will consider for reimbursement the following Telehealth services when they are rendered via audio and video and reported with place of service POS 02 (the location where health services and health related services are provided or received, through a telecommunication system):

- Services recognized by the Centers for Medicare and Medicaid Services (CMS), and
- Services recognized by the American Medical Association (AMA) included in Appendix P of the CPT code set, and
- Additional services identified by UnitedHealthcare that can be effectively performed via Telehealth.

See the **Telehealth Eligible Services Code List** in the Attachments section.

The Distant Site is where the rendering provider is housed during a Telehealth encounter, and is reported on the claim with POS 02 in Box 24B on the 1500 claim form.

Modifiers 95, GT, GQ and G0 are not required to identify Telehealth services but are accepted as informational if reported on claims with eligible Telehealth services.

### **Originating Site Requirements**

The Originating Site is where the member is housed with a Telepresenter during a Telehealth encounter. UnitedHealthcare recognizes the CMS-designated Originating Sites considered eligible for furnishing Telehealth services to a patient located in an Originating Site. The Originating Site may submit a claim for the services of the Telepresenter with code Q3014.

Examples of CMS Originating Sites:

- The office of a physician or practitioner
- A hospital (inpatient or outpatient)
- A critical access hospital (CAH)
- A rural health clinic (RHC)
- A federally qualified health center (FQHC)
- A hospital-based or critical access hospital-based renal dialysis center (including satellites); NOTE: Independent renal dialysis facilities are not eligible Originating Sites
- A skilled nursing facility (SNF)
- A community mental health center (CMHC)
- Mobile Stroke Unit
- Patient home – for monthly end stage renal, ESRD-related clinical assessments, for purposes of treatment of a substance use disorder or a co-occurring mental health disorder

In addition, UnitedHealthcare recognizes home as an originating site for Telehealth services (no Telepresenter).

### **Eligible Care Providers**

As described by CMS, the types of care providers eligible to deliver Telehealth services include, for example:

- Physician
- Nurse practitioner
- Physician assistant
- Nurse-midwife
- Clinical nurse specialist
- Registered dietitian or nutrition professional
- Clinical psychologist
- Clinical social worker
- Certified Registered Nurse Anesthetists

In addition, UnitedHealthcare considers the following care providers eligible to deliver certain Telehealth services:

- Therapy providers (e.g., Physical Therapy, Occupational Therapy, Speech Therapy)

### **Physical Health, Occupational, and Speech Therapy**

UnitedHealthcare will reimburse certain physical, occupational, and speech therapy (PT/OT/ST) Telehealth services provided by qualified health care professionals rendered via interactive audio and video technology.

Services submitted on a CMS 1500 form should include:

- Code(s) from the list of specific physical, occupational and speech therapy Telehealth services (see the **PT/OT/ST Telehealth Eligible Services Code List** in the Attachments section), and
- The appropriate place of service code 02 in Box 24B.

All PT/OT/ST Telehealth visits must be performed using live, interactive video conferencing that involves the presence of both parties at the same time and a communication link between them that allows a real-time audio and visual interaction to take place. E-mailing “stored” exercise videos and discussing or reviewing by phone is not reimbursable.

### **Communication Technology-Based Services (CTBS) and Remote Physiologic Monitoring (RPM)**

These services are eligible for to be considered for reimbursement under this policy and are described in the CMS Physician Fee Schedule (PFS). See the **Communication Technology-Based Services and Remote Physiologic Monitoring Eligible Code List** in the Attachments section; examples include:

- (Electronic) E-Visits
- Virtual Check-Ins
- Remote Physiologic Monitoring
- Interprofessional Telephone/Internet/Electronic Health Record Consultations

Note: The CTBS and RPM services are never rendered in-person and therefore should not be reported with POS 02 and/or a Telehealth modifier (95, GT, GQ or G0).

### **Communication Technology-Based and Other Related Services Not Reimbursed by UnitedHealthcare**

Certain CTBS and other related services are not eligible for reimbursement according to the CMS PFS. Consistent with CMS, UnitedHealthcare will not separately reimburse for certain codes assigned a non-payable status. See the **Communication Technology-Based and Other Related Services Non-Eligible Code List** in the Attachments section.




<b>Definitions</b>	
<b>Communication Technology-Based Services (CTBS)</b>	Services furnished via telecommunications technology but not considered Telehealth services.
<b>Distant Site</b>	The location of a Physician or Other Qualified Health Care Professional at the time the service being furnished via a telecommunications system occurs.
<b>Electronic Visit (E-visit)</b>	Communication between a patient and provider through an online patient portal with an established patient-provider relationship.
<b>Originating Site</b>	The location of a patient at the time the service being furnished via a telecommunications system occurs.
<b>Physician or Other Qualified Health Care Professional</b>	Per the CPT book, a Physician or Other Qualified Health Care Professional is an individual who is qualified by education, training, licensure/regulation (when applicable), and facility privileging (when applicable) who performs a professional service within his/her scope of practice and independently reports that professional service.
<b>Remote Physiologic Monitoring</b>	Collecting of vitals and physiologic information by the patient that is then sent to the health care professional for interpretation and monitoring of the data.
<b>Telehealth/Telemedicine</b>	Telehealth services are live, interactive audio and visual transmissions of a physician-patient encounter from one site to another using telecommunications technology. They may include transmissions of real-time telecommunications or those transmitted by store-and-forward technology.
<b>Telepresenter</b>	The healthcare practitioner present with patient at an Originating Site.


<b>Virtual Check-In</b>	A brief check-in with the provider with an established patient-provider relationship.
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### Questions and Answers

<b>1</b>	<p>Q: How should care providers submit claims for telehealth services that a member received before Jan. 1, 2021?</p> <p>A: For Telehealth services rendered in response to the COVID-19 public health emergency, providers should visit UnitedHealthcare's COVID-19 information page on <a href="https://UHCprovider.com/covid19">UHCprovider.com/covid19</a> &gt; <a href="#">Telehealth Services</a> for additional resources.</p>
<b>2</b>	<p>Q: Do care providers need to be contracted with UnitedHealthcare to be considered for reimbursement under this policy?</p> <p>A: For benefit plans that include out-of-network coverage, this policy applies to Telehealth claims submitted by both participating and non-participating care providers.</p>
<b>3</b>	<p>Q: What are the documentation requirements for Telehealth visits?</p> <p>A: A patient visit performed through Telehealth should be documented to the same extent as an in-person visit, reflecting what occurred during the visit. The provider should also document that the visit was done through audio-video telecommunications.</p>
<b>4</b>	<p>Q: Does this policy apply to Telehealth services reported on a UB claim?</p> <p>A: No, this policy is applicable only to professional services reported on a 1500 claim.</p>
<b>5</b>	<p>Q: How should care providers report Virtual Check-In services?</p> <p>A: Virtual Check-In services are reported with HCPCS codes G2012, G2251 and G2252. As described by CMS, care providers may report HCPCS codes G2012, G2251 and G2252 when the practitioner may not necessarily be able to visualize the patient, and is used when the acuity of the patient's problem is not necessarily likely to warrant a visit. If this service originates from a related E/M service provided within the previous 7 days or leads to an E/M service or procedure within the next 24 hours or soonest available appointment, the service is considered bundled into that in-person service.</p>
<b>6</b>	<p>Q: How should new 2021 Evaluation and Management coding guidelines be used with Telehealth services?</p> <p>A: Please refer to the Evaluation and Management (E/M) Policy for details regarding correct E/M code selection.</p>

### Attachments

 <b>Telehealth Eligible Services Code List</b>	A list of codes that UnitedHealthcare will consider for reimbursement as Telehealth under this policy when reported with POS 02.
 <b>PT/OT/ST Telehealth Eligible Services Code List</b>	A subset of the Telehealth Eligible Services Code List that will be considered for reimbursement under this policy for physical, occupational, and speech therapy (PT/OT/ST) using interactive audio-video technology.
 <b>Communication Technology-Based Services and Remote Physiologic Monitoring Eligible Code List</b>	A list of codes that UnitedHealthcare will consider for reimbursement for technology-based services such as E-Visits, Virtual Check-In, remote patient monitoring, that should not be reported with POS 02 and/or a Telehealth modifier (95, GT, GQ or G0).

 <b>Communication Technology-Based and Other Related Services Non-Eligible Code List</b>	A list of codes not reimbursed for technology-based and other related services.
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Resources
<p>American Medical Association, <i>Current Procedural Terminology</i> (CPT®) and associated publications and services</p> <p>Centers for Medicare and Medicaid Services, CMS Manual System and other CMS publications and services</p> <p>Centers for Medicare and Medicaid Services, Healthcare Common Procedure Coding System, HCPCS Release and Code Sets</p> <p>Centers for Medicare and Medicaid Services, Physician Fee Schedule (PFS) Relative Value Files</p>

History	
1/1/2021	Policy Version Change Reimbursement Guidelines Section revised Definitions Section revised Q&A Section revised Attachments Section: Telehealth Eligible Services Code List added, PT/OT/ST Telehealth Eligible Services Code List added, Communication Technology Based Services and Remote Physiologic Monitoring Eligible Code List added, Communication Technology-Based and Other Related Services Non-Eligible Code List added History prior to 1/1/2019 archived
7/17/2020	Added the word “Commercial” to the header (no new version)
4/7/2020	Attachment Section: Codes 96156-96168 added to GT/GQ/G0 list due to late additions from CMS 1/1/2020 eligible list
3/6/2020	Annual Anniversary Date and Version Change Reimbursement Guidelines Section: Modifier and Place of Service tables removed and verbiage updated
1/1/2020	Policy Version Change Codes and Modifiers Section: Revised Online Evaluation and Management Evaluation codes, Interprofessional Telephone/Internet/Electronic Health Record Consultations, Digitally Stored Data Services/Remote Physiologic Monitoring/Remote Physiologic Treatment Management, Remote Evaluation of Recorded Video and/or Images, Brief Communication Technology-based Service and added Opioid Use Treatment Attachment Section: Codes Recognized with modifiers GT or GQ List and Codes Recognized with modifier 95 list updated History prior to 1/1/2018 archived
10/1/2019	Policy Version Change Attachment Section: Codes Recognized with modifiers GT or GQ List and Codes Recognized with modifier 95 list updated by removing 99241-99255 consultation services codes.
7/01/2019	Policy Version Change Codes and Modifiers Section: Clarification of GQ modifier and 95 modifier processing Added permissible conditions for home as an originating site Definition Section: Removal of Interactive Audio and Video Telecommunication, Interactive Audio and Visual Transmissions, Audio-Visual Communication Technology and removed capitalization throughout the policy Q&A #3: Added “audio transmission” to answer



**Commercial Reimbursement Policy**  
**CMS 1500**  
**Policy Number 2021R0046A**

<b>1/25/2019</b>	Policy Version Change Codes and Modifiers Section: Added 98960-98962, 99408, 99409 info back in Attachment Section: Codes Recognized with modifiers GT or GQ List updated
<b>1/1/2019 – 1/24/2019</b>	Policy Version Change Application Section: Removed Community and State and Medicare and Retirement information Reimbursement section: Added modifier G0, added originating sites and types of non-face-to-face services Definition section: Updated Telehealth/Telemedicine definition and Physician or Other Qualified Health Care Professional definition Removed previous Q&A #3. Updated definitions in current Q&A #3. Attachments Section: Lists updated. History prior to 1/1/2017 archived
<b>9/1/1997</b>	Policy implemented by UnitedHealthcare Employer & Individual